

2013 Fact Sheet

Overview of DBHR Services and Funding

Description	<p>In July 2009 the DSHS Division of Alcohol and Substance Abuse and the Mental Health Division merged to become the Division of Behavioral Health and Recovery (DBHR).</p> <p>Through this integration, we are in a better position to both assess and treat patients with co-occurring mental health and substance use disorders. Our longer term vision calls for the fullest possible integration of behavioral health and primary care services under health reform, creating a person-centered health care home for all DSHS clients, to meet all of their health needs.</p> <p>With our community, state and national partners, we are committed to providing evidence-based, cost-effective services that support the health and well-being of individuals, families and communities in Washington State.</p> <p><u>Our research documents the economic, social, and health benefits that result from providing quality behavioral health services, which far outweigh the costs of providing them.</u> These benefits include lower crime and criminal justice-related costs, lower medical costs, less reliance on public assistance, higher rates of employment and worker productivity, fewer children in need of foster care, and increased high school completion rates.</p>
Services and Eligibility	<p><u>Mental Health</u></p> <p>Community Mental Health Services: Funding for community services under managed care provides financial support and program direction to Regional Support Networks (RSNs) for community mental health programs. This is for services that don't qualify for Medicaid and for people who are ineligible for Medicaid. Services are provided according to the approved state plan federal waiver for Medicaid enrollees.</p> <ul style="list-style-type: none"> • Outpatient services <ul style="list-style-type: none"> ○ crisis service ○ evaluation and treatment ○ residential treatment • In-patient treatment <p>Programs provide services for both voluntary and involuntary individuals through the Involuntary Treatment Act (ITA) for the acutely mentally ill, chronically mentally ill, and seriously disturbed of all ages. Services may also include:</p> <ul style="list-style-type: none"> • acute care • consultation and education • employment services

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	<p>Community support may include:</p> <ul style="list-style-type: none"> • screening of voluntary referrals to state hospitals • discharge planning with the hospitals • case management • residential programs • clubhouse • supported employment • respite care <p>Other community mental health programs/services provided are:</p> <ul style="list-style-type: none"> • Children's Long-term Inpatient Program (CLIP) • Offender Re-entry Community Services Program (ORCSP). <p>Mental Health Facilities: Funding is provided to support three state psychiatric hospitals (Western State Hospital, Eastern State Hospital, and the Child Study and Treatment Center). Services include:</p> <ul style="list-style-type: none"> • In-patient psychiatric services for acutely and chronically mentally ill persons, including geriatrics • Mentally ill legal offenders • Severely disturbed children and adolescents at the Child Study and Treatment Center <p>Special Projects: Provides services for the homeless, children and family support projects:</p> <ul style="list-style-type: none"> • Evidence-based children's mental health services • Projects for Assistance in Transition from Homelessness • System of Care grants • Permanent Options for Recovery-Centered Housing (PORCH) grant <p>Program Support: Funding is provided for administrative and technical support for all programs within DBHR including:</p> <ul style="list-style-type: none"> • Policy development • Fiscal planning • Information services • Legislative and regional coordination <p><u>Substance Abuse Services</u></p> <p>County Managed Services: Funding is provided to counties who subcontract to provide quality outpatient and support services to clients in need of chemical dependency services. Services include:</p>
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	<ul style="list-style-type: none"> • Assessments • Outpatient services to adults and youth • Opiate Substitution Treatment • Detoxification Services • Case Management • Outreach <p>Tribal Services: Funding is provided to Tribes to provide chemical dependency services to Tribal Members. Services include:</p> <ul style="list-style-type: none"> • Assessments • Outpatient services to adults and youth • Prevention Services <p>Funding for these services includes federal Medicaid and SAPT Block Grant funds.</p> <p>PPW Support Services: Funding is contracted with providers to for support services for Pregnant and Parenting women who need or are recovering from alcohol and/or substance abuse. Services include:</p> <ul style="list-style-type: none"> • Fetal Alcohol Syndrome Diagnostic and Prevention Network • Parent Child Assistance Programs • Safe Babies Safe Moms • Parent Trust <p>Funding includes GF-State and some Title XIX</p> <p>Prevention Services: Funding is provided to prevent the misuse of Drugs, Alcohol and Tobacco. Service providers include:</p> <ul style="list-style-type: none"> • OSPI • Counties <p>Funding includes: SAPT Block Grant</p> <p>Residential Services: Funding is contracted with providers to provide inpatient residential chemical dependency services. Services include:</p> <ul style="list-style-type: none"> • Adult Residential • Pregnant and Parenting Residential • Therapeutic Childcare • Youth Residential <p>Funding includes: SAPT Block Grant, GF-State, and Medicaid</p> <p>Special Projects: Funding is provided for federal demonstration projects for chemical dependency services and problem gambling services for pathological gamblers. The federal demonstration</p>
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	<p>grants include:</p> <ul style="list-style-type: none"> • Washington State Screening, Brief Intervention, and Referral to Treatment (WASBIRT) • Access to Recovery (ATR) • Underage Drinking • WACAREs • Adolescent Treatment Enhancement and Dissemination <p>Program Support: Funding (SAPT Block Grant, GF State, Medicaid) is provided for administrative and technical support for all programs within the Division of Behavioral Health and Recovery including:</p> <ul style="list-style-type: none"> • Policy development • Fiscal planning • Information services • Legislative and regional coordination
Funding Sources	<p>Mental Health Services: 2011-13 Biennium Total Funding – \$1,587,031,000</p> <ul style="list-style-type: none"> • General Fund –State \$880,826,000 • General Fund –Federal \$614,619,000 • Other (Local, Hospital Safety Net Assessment) \$91,586,000 <p>Alcohol and Substance Abuse: 2011-13 Biennium Total Funding – \$365,043,000</p> <ul style="list-style-type: none"> • General Fund –State \$167,156,000 • General Fund –Federal \$184,401,000 (Medicaid, Criminal Justice Treatment Account, SAPT). • Local - \$13,486,000

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